



**EAP+Work/Life** at a glance

Life's problems  
require expert help  
**and need a  
personal touch**

No matter where they are, we won't let your employees fall through the cracks. Trust our team of employee assistance and work/life professionals, available throughout the United States and in more than 150 other countries, to give your employees expert help with their personal problems and work/life concerns.

Our highly trained team of Licensed Professional Counselors and Work/Life Specialists offers short-term assistance and resource support for a full range of personal, family and work/life problems. We can also help your HR staff work through sensitive issues.

# Full support for employees, spouses, dependents, parents and parents-in-law **available 24/7**

## **EAP+Work/Life**

- In-person, telephonic and video counseling available
- Licensed Professional Counselors address stress, depression, family issues, substance abuse and more
- Referrals for long-term counseling or specialized care
- Plans customized to your needs

## **Work/Life Services**

- Work/life specialists can locate childcare, legal and financial counselors, and more
- 24-hour access to our website:
  - Online searches for child and eldercare services
  - View archived webinars
  - Access to budgeting, home buying, loan and mortgage calculators
- Access to Medical Bill Saver service to help lower non-covered medical/dental bills
- Personal Concierge Service

## **Support for Supervisors and HR**

### **Unlimited phone consultation and organizational services to help managers address:**

- Sensitive employee issues; conflict resolution
- Critical Incident planning
- Disability management

## **Multi-level Communications**

- 24-hour toll-free hotlines
- Promotional and monthly electronic employee communications
- In-person counseling also available

## **Extra Level of Support. Extra Value.**

- Reduces need for more costly mental health services
- Helps employees balance work/life demands
- Improves productivity, reduces costs
- Decreases turnover, absences and labor disputes
- Help is available in multiple languages

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## **Contact Health Advocate**

or your broker to arrange a meeting to learn more about the Health Advocate EAP+Work/Life program and our spectrum of innovative, time- and money-saving solutions for both employees and employers.

**866.799.2655**

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