



Need Help with Eldercare? Turn to Us.

Taking care of an elderly loved one is rewarding for many people. But, it often involves taking on a number of tasks from the simple to the complicated. We can help. As part of your EAP+Work/Life program, offered free by your employer or plan sponsor, our specialists can help lighten your load, so you can spend time with your loved one with a bit less worry. **Reach out to us!**

Our team will help locate the right experts, resources and services

- Geriatric care managers to help you and your family assess, plan, coordinate, monitor care services for your loved one
- Eldercare lawyers to help with legal matters related to health care, long term care planning, estate planning, Social Security and Medicare/Medicaid
- Find the right facilities from assisted living/personal care to skilled nursing and memory-impaired facilities
- Identify in-home caregivers, adult respite care and adult day care programs
- Help facilitate transportation services to health appointments

“Things changed drastically for me when Dad was no longer able to drive and started neglecting his health. I was helping him cook and clean—and it was exhausting! **They located homemaker and transportation services and even researched longterm care options for the future.** What a great resource!”



877.240.6863

Visit us online at:
HealthAdvocate.com/members

HealthAdvocateSM