

# ★ THE CONSTELLATION ★

Developing UCF's Network of Stars

ORGANIZATION DEVELOPMENT & TRAINING: APRIL – JULY 2013

## TRY SOMETHING NEW!

### NEW CLASSES

OD & Training is offering **two** new classes to take your expertise and skills to the next level!

#### FISH (PER062)

This program will “charge you up” and can assist your department to improve:

- Morale and productivity
- Recruitment and retention
- Customer service
- Creativity and innovation

By utilizing the model of the highly successful Pike Fish Market in Seattle, Washington this class will help you escape the mundane state of mind found in most departments.

#### FRED FACTOR 2.0 (STA024)

If you’re familiar with the “Fred” workshop then you’re going to love the new Fred Factor 2.0!

This training is a great follow up session to keep the Fred momentum alive. Trainees will be inspired to aim higher and achieve the extraordinary. Become equipped with the tools and strategies to motivate not only yourself, but your team and others around you. Completing the first Fred Factor is a pre-requisite for Fred Factor 2.0



The book Fred Factor 2.0 by Mark Sanborn (pictured right)



### LEADERSHIP COACHING SESSIONS

If you’re interested in attending a Leadership Coaching session, OD & Training can provide you with the information and assistance to become the next best leader in your department. We now have three employees certified in Leadership who provide these coaching sessions.

#### What is Leadership Coaching?

Your leadership coach is a true supportive and objective partner that helps you become a successful leader.

#### How does Leadership Coaching work for you?

You and your coach will develop an ongoing professional partnership that will help you achieve extraordinary results.

#### What is the value/benefit ?

Research conducted on the value and benefits of leadership coaching show a return on investment of more than five times the cost of coaching. This does not include significant intangible benefits that also result from coaching.

#### How do I get started ?

1. Discuss your desire for Leadership coaching with your supervisor
2. Schedule an “Exploratory Coaching Session” by sending an email to [od&training@ucf.edu](mailto:od&training@ucf.edu)

#### OD&T STAFF

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### APRIL-JULY SCHEDULE (FLIP TO BACK PAGE)

April 2013 (classes held in new Training Room (3280 Progress Drive) – unless noted)

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Performance Appraisals 9am-11:30am	Emerging Leader 8am-5pm	Orientation 8:30am-5pm
8	9	10	11	12
			Emerging Leader 8am-5pm	
15	16	17	18	19
*HR Liaison Network (SU 316A) 9am-11am		Taking Sleep Seriously 3pm-5pm	Emerging Leader 8am-5pm	Orientation 8:30am-12:30pm
22	23	24	25	26
	CPR Certification 12:30pm-5pm	Fish 2:30pm-4:30pm	Emerging Leader 8am-5pm	
29	30			

# CONSTELLATION CALENDAR

Distribution: USPS, A&P, Faculty

*Developing UCF's network of stars*

## May 2013 (classes held in new Training Room (3280 Progress Drive) – unless noted)

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
		First Aid 1pm-4pm	Emotional Intelligence 1:30pm-4:30pm	
13	14	15	16	17
	Conflict (Negotiation/Mediation) 8:30am-5pm			Orientation 8:30am-12:30pm
20	21	22	23	24
	<u>Interviewer Certification</u> 8am-12pm <u>Customer Service</u> 2:30pm-4:30pm	<u>Helping the Distressed Person</u> 3pm-4:30pm		
27	28	29	30	31
			<u>Fred 2.0</u> 2:30pm-4:30pm	Orientation 8:30am-12:30pm

## June 2013 (classes held in new Training Room (3280 Progress Drive) – unless noted)

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
	<u>Leadership Excellence</u> 8am-5pm	<u>Performance Appraisals</u> 9am-11:30am		
10	11	12	13	14
	<u>Leadership Excellence</u> 8am-5pm	<u>CPR/AED</u> 12:30pm-5pm		Orientation 8:30am-12:30pm  <b><u>Leadership Conference</u></b> 9:00am-5:00pm
17	18	19	20	21
	<u>Leadership Excellence</u> 8am-5pm	<u>Building Skills to Handle Life's Pressures</u> 3pm-5pm	<u>Parental Leave</u> 2pm-4pm	
24	25	26	27	28
	<u>Leadership Excellence</u> 8am-5pm  <u>Intro to Conflict</u> 1:30pm-4:30pm		<u>Civility in the Workplace</u> 2:30pm-4:30	Orientation 8:30am-12:30pm

## July 2013 (classes held in new Training Room (3280 Progress Drive) – unless noted)

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		<u>Performance Appraisals</u> 9am-11:30am		
8	9	10	11	12
	<u>HR Liaison</u> 9am-11am and 2:30pm-4:30pm	<u>Myers-Briggs Type Indicator</u> 1:30pm-4:30pm	<u>Marketing, Branding, &amp; UCF</u> 2pm-4pm	Orientation 8:30am-12:30pm
15	16	17	18	19
		<u>Goal Setting for Life and Work</u> 3pm-5pm		
22	23	24	25	26
	<u>Interviewer Certification</u> 1pm-5pm		<u>First Aid</u> 1pm-4pm	Orientation 8:30am-12:30pm
29	30	31		
	<u>Barnge</u> 2:30pm-4:30pm			